

## Health related quality of life among military personnel: what socio-demographic factors are important?

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**Abstract** Health related quality of life (HRQOL) is an important indicator of health status. Knowledge about factors related to HRQOL among military personnel may assist in designing programs to maximize their fitness and readiness for action when called upon. The aim of present study was to assess the HRQOL of military personnel in Iran, compare it to that of other populations in Iran and the U.S., and identify socio-demographic variables related to HRQOL in Iranian military personnel. Using a cross-

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